

WHAT EVERY JOINT SUPPLIES: WHEN WORKING TOGETHER AND FUNCTIONING AT OPTIMAL LEVEL OUR BODY WAS DESIGNED TO SUPPORT AND STRENGTHEN ITSELF.

“...**the whole body**, joined and knit together by what **every joint supplies**, according to the effective working by which **every part does its share**, causes growth of the body for the edifying of itself in love.”

*Ephesians 4:16*

